



BRINGING THE COMMUNITY TOGETHER TO END HOMELESSNESS

Bagged Lunches for Urban Ministry Center | Men's Shelter of Charlotte

Bagged lunches can be delivered to 945 North College Street 8:00am – 1:00pm Monday- Friday or 9:00am – 11:30am Saturday and Sunday

- All bagged lunches should be non-perishable and pre-packaged.
- Between our two shelters and our day center, we serve over 700 lunches per weekday.
- Lunches will be distributed in a grab-n-go fashion.
- Lunches can be provided in gallon-sized plastic bags or a lunch-sized paper bag.
- Each bag should contain the following items:
 - At least one ready-to-eat protein that is accessible without a can opener (i.e.- tuna, chicken, turkey or meat packets or tabbed cans)
 - 1-2 fresh fruits (i.e.- apples, bananas, oranges)
 - 1 carbohydrate (i.e.- crackers, nut and trail mixes, granola and power bars, chips)
 - 1 dessert (i.e.- cookies, individual cakes, muffins)
 - 1 bottled water
 - Utensil for eating if required for any food items
 - Napkin/paper towel if possible

PO Box 31335, Charlotte, NC 28231
www.urbanministrycenter.org

PO Box 36471, Charlotte, NC 28236
www.mensshelterofcharlotte.org

We are excited that Urban Ministry Center and Men's Shelter of Charlotte have officially merged. You will continue to see our identities separate or co-branded until a final identity for our new organization is rolled out early 2020.